

# It's my life!

## Vocabulary

### School subjects

1 These are Lucy and Chris. What are their favourite subjects? What is Chris's favourite weekday?



Lucy, what's your favourite subject?

French! I love languages.

Hi. I'm Chris. My favourite weekday is Friday. On Fridays, I've got science and technology – my favourite subjects! I usually finish school at 3.30 pm but on Fridays I finish at 12.00 pm.

2 02 Look at the pictures and complete the school subjects. Then listen, check and repeat.

1 \_\_\_\_\_s

2 \_\_\_\_\_r\_\_\_\_\_

3 \_\_\_\_\_st\_\_\_\_\_

4 \_\_\_\_\_T\_\_\_\_\_

5 d\_\_\_\_\_a

6 \_\_\_\_\_u\_\_\_\_\_i\_\_\_\_\_

7 \_\_\_\_\_i\_\_\_\_\_e

8 g\_\_\_\_\_r\_\_\_\_\_

3 Answer.

- 1 What's your favourite weekday?
- 2 What subjects have you got on that day?

## Dates

4 03 Say the dates. Then listen and check.

- |              |              |
|--------------|--------------|
| 1 16/09/1996 | 3 01/05/2011 |
| 2 28/02/2022 | 4 03/01/2015 |



We write: 1991 / 2008 / 2021

We say: nineteen ninety-one /  
two thousand and eight / two  
thousand and twenty-one

5 In turns, say the dates of these special days.

- 1 Christmas Day
- 2 Flag Day
- 3 Independence Day
- 4 New Year's Day
- 5 Your birthday

- Christmas Day is on 25th December.
- Flag Day is on...

# Listening & Speaking

## Getting to know people

1 Before you watch the video > Look at the photo. Who are they? Where are they?



2 04 Watch the video and listen for general ideas > Answer.

- 1 Are Lucy and Chris in the same year?
- 2 Do they live near each other?

3 04 Watch the video and listen for details > Complete the conversation.

So, what's your name?	My name's Lucy. What about you?
I'm Chris.	Nice to meet you, Chris. What year are you in?
I'm in Year 9.	Me too! I'm in (1) _____ class.
Cool. Where do you live?	On Ash Road.
Oh, I live (2) _____ there. Shall we (3) _____ home together?	OK, let's go!

4 **Speak** > Role play in pairs.

- 1 Role play the conversation in Exercise 3.
- 2 Role play a new conversation. Use your own information.
- 3 Change roles.

Keep it going!

Circle these questions in the conversation.

**What's your name?**      **What about you?**  
**What year are you in?**      **Where do you live?**

Use them when you meet people to get to know them. Use *Me too!* to say that something is also true for you.

# Grammar

## Present simple – be

1 Look at the table and revise.

### Affirmative

I	<b>am</b>	15 years old.
You / We / They	<b>are</b>	Chinese.
He / She / It	<b>is</b>	from Spain.

### Negative

I	<b>am not</b>	from Italy.
You / We / They	<b>are not</b>	in London.
He / She / It	<b>is not</b>	my best friend.

2 Rewrite the sentences in the table using the short forms of *be*.

3 Write *T* (True) or *F* (False). Then correct the false sentences. Use short forms of *be*.

- Great Britain is an island.
- Juan and Pilar are English names.
- Edinburgh is the capital of England.
- British people's favourite drink is tea.
- The White House is in London.

4 Look at the table and revise.

### Yes/No questions

<b>Am</b>	I	a teenager?
<b>Are</b>	you / we / they	friends?
<b>Is</b>	he / she	your teacher?

### Short answers

Yes,	I	<b>am.</b>
	you / we / they	<b>are.</b>
No,	he / she	<b>is.</b>
	I	<b>'m not.</b>
No,	you / we / they	<b>aren't.</b>
	he / she	<b>isn't.</b>

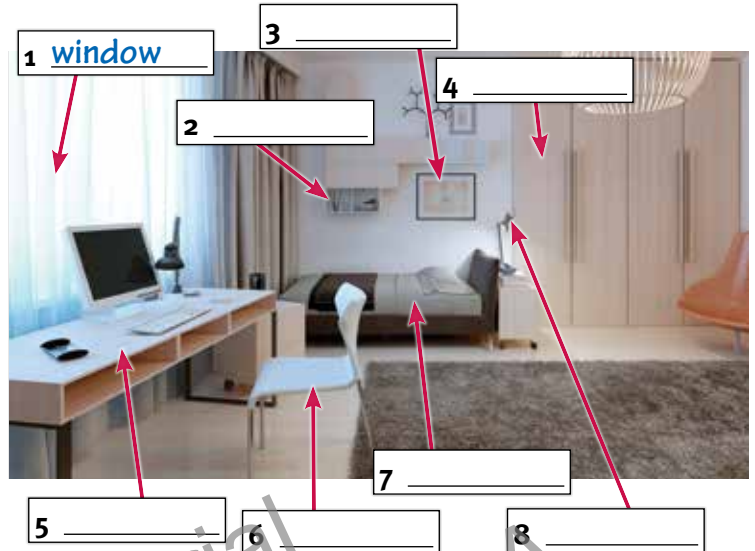
5 Answer about you. Use short answers.

- Is this your first English lesson?
- Are your friends in your English class?
- Are you on page 15 of this book?
- Is English your favourite subject?
- Are you in Year 1 of secondary school?

# Vocabulary

## Home

6 Look at the photo. What room is it? Write words for furniture.



7 Write a paragraph describing the room in Exercise 6. Use *there is*, *there are*, *there isn't* and *there aren't*, and adjectives from the box.

modern old tidy clean dirty  
nice expensive

## Routines

8 Write the activities from the box in the order you do them. Write the times. Then describe your daily routine to a classmate.

go to bed have breakfast go to school  
have a shower do my homework  
come back home have lunch

My routine	
Time	Activity



# Vocabulary

## Clothes

1 Match the photos to the texts on the right.



Lucy



Chris



Nina

## OUR FAVOURITE CLOTHES

- My favourite clothes are my **jeans**! I wear them with a **T-shirt** in summer and with a **sweater** in winter. I always wear **trainers**.  
Who am I?
- I love my new **jacket**. It looks great with my **scarf** and my brown **boots**!  
Who am I?
- This is my favourite **dress**. It looks nice with these **sandals**. I sometimes wear a **jacket** with it if it's cold.  
Who am I?

2 Write other words for clothes.

coat,...

## Grammar

### Possessive adjectives

3 Complete the table.

Subject pronouns						
I	you	he	she	it	we	they
Possessive adjectives						
my				its	our	

4 Complete the sentences with possessive adjectives.

- Lucy's dress is black and white, and ... sandals are brown.
- Chris's jeans are blue and ... sweater is grey.
- Lucy and Nina are happy. They like ... clothes!
- I'm wearing a new jacket with ... jeans.
- Do you like fashion? What are ... favourite clothes?

### Possessive 's

5 Analyze these sentences.



- 1 The dog's coat is red.  
's = possession



- 2 The boys' T-shirts are big.  
s' = possession



- 3 Jane's happy.  
's = is



- 4 She's got old trainers.  
's = has

6 Choose the correct answers.

- Nina's hair is long.  
a 's = possession    b 's = is    c 's = has
- She's got brown eyes.  
a 's = possession    b 's = is    c 's = has
- The boy's jeans are blue.  
a 's = possession    b 's = is    c 's = has
- He's sad.  
a 's = possession    b 's = is    c 's = has
- Nina's jacket is new.  
a 's = possession    b 's = is    c 's = has

# 1 What do you like?

## Vocabulary

### Free time activities

1 05 Look at the quiz. Listen and repeat the phrases in blue.

2 Do the quiz.

3 Match adjectives 1–3 from the score box to opposites a–c. Then answer: Do you agree with the result of your quiz?

- |            |              |
|------------|--------------|
| 1 sociable | a lazy       |
| 2 friendly | b shy        |
| 3 sporty   | c unfriendly |

4 What do you usually do at weekends? Complete the table.

	mornings	afternoons	evenings
Saturday	go shopping with Mum		
Sunday			

5 In turns, ask and answer about your weekend activities from Exercise 4.

- What do you do on Saturday mornings?
- I go shopping with my mum.

on Saturday mornings

on Saturday afternoons

on Saturday evenings

### LEARNING TO LEARN

Classifying vocabulary helps you to learn it. Choose one of these options to classify the free time activities on this page. Activities you...

- like / don't like
- always / sometimes / never do
- do during the week / at weekends

## WHAT KIND OF TEENAGER ARE YOU?

Do the quiz to find out!

- 1 You've got an hour of free time. Do you...
  - A) ring someone for a chat?
  - B) **play computer games?**
  - C) **go for a run**, walk or ride a bike?
- 2 It's Friday night. Do you usually...
  - A) **watch a film** with a friend?
  - B) **surf the Internet?**
  - C) watch the sports channel on TV?
- 3 On Saturday mornings, do you usually...
  - A) **go shopping** with your friends?
  - B) **go for a burger?**
  - C) **go to the gym**, park or sports centre?
- 4 When you go to the beach, do you...
  - A) just **hang out with your friends?**
  - B) **listen to music** or **use social media?**
  - C) **play volleyball** or **do water sports?**
- 5 It's your birthday. Is your ideal present...
  - A) tickets to **go to a theme park** with friends?
  - B) a smartphone to **chat online** all the time?
  - C) a new bike or skateboard?

### SCORE

**Mostly 'A's** You're sociable! You're friendly and have a good social life but you don't go out every night. You can have fun at home too!

**Mostly 'B's** You're a technology lover! You're shy and you like being on your own. Don't spend too many hours on your computer, though. Switch it off and go outside!

**Mostly 'C's** You're sporty! You're very active and you get bored easily. It's great to be fit and healthy but you must relax sometimes!





# Reading

## Posts on a teens website

1 Before you read > Look at the website quickly. What is it about?

### 4 TEEN DAYS OUT IN THE UK

Are you looking for something different to do this weekend? Here are some messages from teens.

**CADBURY WORLD**



RATING 😊😊😊 Daisy, 14

I usually do the shopping with my mother on Saturdays, but this Saturday, we aren't at the supermarket. We're buying chocolate at Cadbury World! Cadbury World is a self-guided exhibition tour. It's got the world's biggest Cadbury shop, a 4D cinema, a tropical rainforest with cocoa trees, interactive games and much more. The 4D cinema is the best bit. The seats move. It's great!

**BLACKPOOL PLEASURE BEACH**



RATING 😊😊😊😊 Jack, 13

I often go to theme parks with my friends and right now we're at Blackpool Pleasure Beach. We're having a lot of fun. Our favourite attraction is the rollercoaster ICON. It lasts two-and-a-half minutes and it goes at 130 kilometres an hour – that's fast! We come to this theme park every year because there's lots to do. And after the park, we always go to the beach. It's only a few minutes away.

**THE EDINBURGH GHOST TOUR**



RATING 😊😊 Anna, 15

My friends and I love horror films, so here we are – on an Edinburgh ghost tour. Edinburgh is a very old city. Its past is dark and mysterious, and there are a lot of ghost stories. We're in an old tower now and our guide is telling us ghost stories and making lots of funny faces. Actually, the tour isn't scary at all but we're enjoying it.

**NATIONAL SPACE CENTRE**



RATING 😊😊😊 Daniel, 14

I don't usually go to museums, but right now we're visiting a museum with our science teacher. It's the National Space Centre and it's brilliant! I'm actually experiencing life in space. I hate museums but this one is fun because you can try a lot of machines. Do you like adventure? Are you interested in space exploration? Then this is the place for you!

2 Read for general ideas > Write what you can do at each attraction.

#### What can you do...

at Cadbury World?	
at Blackpool Pleasure Beach?	
in Edinburgh?	
at the National Space Centre?	

3 Read for details > Answer.

- 1 What does Daisy usually do on Saturdays? What is she doing this Saturday?
- 2 Where do Jack and his friends go every year? What is their favourite attraction there?
- 3 Where is Anna now? What is the guide doing?
- 4 Does Daniel like museums? Why does he like the National Space Centre?

#### COMPARING CULTURES

Do you like the attractions in the UK? Are there similar attractions in your country? Name popular attractions for teenagers in your country. What can you do there?



# Grammar

## Present simple and present continuous

### USE

**A** Analyze these sentences from the text on page 9. Underline nine more present continuous or present simple verb forms. Use different colours for each verb tense.

I usually do the shopping on Saturdays.

This Saturday, we're buying chocolate.

I often go to theme parks with my friends.

We're having a lot of fun.

We come to this theme park every year.

We always go to the beach.

We love horror films.

Right now, we're visiting a museum.

I hate museums.

Do you like adventure?

**B** Complete the rules with *present continuous* or *present simple*.

We use the \_\_\_\_\_ to talk about things that are happening now.

We use the \_\_\_\_\_ to talk about habits or routines.

We use the \_\_\_\_\_ with *like*, *love* and *hate*.

**1** Complete the sentences with the correct form of the verbs in brackets. Write the time expressions in the correct place.

- We ... (play) tennis. (at the moment)
- My parents ... (watch) films on TV. (sometimes)
- I ... (not send) a text message to Matt. (now)
- My brother ... (sing) in the shower! (always)

**2** Complete the conversation with the correct form of the verbs in brackets.

**Dan:** Hi, Kate! Where (1) ... (you / go)?

**Kate:** I (2) ... (go) to the Chessington theme park. (3) ... (you / know) it?

**Dan:** Yeah, my brother and I (4) ... (go / sometimes) there. It's amazing!

**Kate:** What (5) ... (be) the best ride?

**Dan:** I (6) ... (love) the Dragon Falls. You (7) ... (get) wet at the end.

**Kate:** It (8) ... (sound) cool. Oh no! I (9) ... (not believe) it. It (10) ... (rain)!

### FORM

**C** Complete the tables.

#### Present simple – affirmative and negative

I / You / We / They	<b>like / don't like</b>	adventure.
He / She / It	<b>likes / doesn't</b> _____	

#### Yes/No questions

<b>Do</b>	I / you / we / they	<b>like</b>	adventure?
_____	he / she / it		

#### Short answers

Yes, / No,	I / you / we / they	<b>do.</b> / _____.
	he / she / it	_____. / <b>doesn't.</b>

#### Present continuous – affirmative and negative

I	<b>'m / 'm not</b>	<b>swimming.</b>
He / She / It	<b>'s / _____</b>	
You / We / They	<b>'re / aren't</b>	

#### Yes/No questions

_____	I	<b>having fun?</b>
<b>Is</b>	he / she / it	
_____	you / we / they	

#### Short answers

Yes, / No,	I	<b>am.</b> / <b>'m not.</b>
	he / she / it	_____. / <b>isn't.</b>
	you / we / they	<b>are.</b> / _____.

**D** Classify these expressions under 'present simple' or 'present continuous'.

*sometimes / every day / once a week / now / often / never / today / right now / always*

**3** Write questions.

- What / your parents / do / at the moment?
- Where / you / usually / go / Friday evenings?
- What / you / wear / today?
- What / you / usually / do / after school?



**4** Free practice > In turns, ask and answer the questions from Exercise 3. Ask other questions to find out more.

- What are your parents doing at the moment?
- My father is working.
- Does he work in an office?

# Vocabulary

## Skills and abilities

1 06 Listen and repeat the words from the box.

ride a BMX bike    play the drums    sing    climb walls    speak English    dance  
 cook    drive a car    draw    paint    understand Portuguese    act    jump

2 Look at the website of a TV show. What is the show about?

# They've got TALENT!

Meet the contestants of tonight's show!

Read their introductions.

**1**

I'm Beth and this is my dog Shelley. She can ... !

**2**

I can ... . BMX biking is my favourite sport.

**3**

I'm Zak. I'm a singer and I can ... . I play in the school band. We practise every Friday.

**4**

We're from a choir and we can ... very well. We love taking part in competitions!

**5**

I can ... . I can climb mountains too. I want to climb Mount Everest one day!

**6**

My friends and I love dancing. We can ... salsa and hip hop.

3 Read the website and complete the sentences with words from Exercise 1.

4 In pairs, talk about your skills and abilities. Use words from Exercise 1.



*I can / can't dance.*

*I'm good / not very good at dancing.*

*I can paint very well but I'm not very good at drawing. How about you?*

*I can draw and I'm good at painting too.*

## Listening

### A talent TV show

5 07 Listen to part of a TV talent show. Which contestants from Exercise 2 are the judges talking to?

6 07 Listen again. Write *T* (True) or *F* (False). Correct the false sentences.

- 1 The first contestant has got a strong voice.
- 2 Zak doesn't have singing lessons.
- 3 He wins this part of the competition.
- 4 The judges like Kelly and Jamie.
- 5 They don't practise every day.
- 6 They didn't look happy when they were dancing.



# Reading

## An online interview

1 Before you read > Look at the interview quickly. Who is the interview with? What is it about?

# HYBRID SPORTS

Do you want to do or watch something different in your free time? 17-year-old Jane Harrison tells us about hybrid sports.

**REPORTER** Jane, first of all, what's a hybrid sport?

**JANE** A hybrid sport is the combination of two or more sports. Bossaball, chessboxing and artistic swimming are all hybrid sports.

**REPORTER** So, tell us about them. What is Bossaball?

**JANE** Bossaball mixes volleyball, football and dancing. The term bossaball comes from the Brazilian music style 'bossa nova' and volleyball.

**REPORTER** Does this sport really exist?

**JANE** Yes, it does! You play on an inflatable court and you can touch the ball with any part of your body.

**REPORTER** Sounds fun. And what's chessboxing?

**JANE** Well, in this sport, competitors play a 24-minute game of chess and stop five times during the game to fight each other.



**REPORTER** That's challenging! And artistic swimming?

**JANE** This is probably the most famous hybrid sport because it is an Olympic sport. Competitors perform gymnastics and dance to music while they swim.

**REPORTER** Do you practise any hybrid sports?

**JANE** I love playing volleyball and listening to music, so Bossaball is an ideal sport for me. I enjoy playing it with my friends.

**REPORTER** Do you want to try chessboxing?

**JANE** I don't mind playing chess but I hate boxing! Chessboxing is very useful because it trains both the brain and the body. A lot of girls practise it, especially in India, but definitely it's not for me.

**REPORTER** And how about artistic swimming?

**JANE** Well, I enjoy swimming, so I can try it one day. In fact, I like watching artistic swimming at Olympic events.



2 Read for general ideas > Answer.

- 1 What is a hybrid sport?
- 2 What hybrid sports does Jane talk about?
- 3 What hybrid sport does she do?
- 4 What hybrid sport does she want to try?



### Give your opinion

Do you like hybrid sports? Do you want to try any of the sports mentioned in the interview? Explain.

3 Read for details > Find:

- 1 the sports combined in Bossaball.
- 2 the sports combined in chessboxing.
- 3 the sports combined in artistic swimming.
- 4 the reason why Jane doesn't want to try chessboxing.
- 5 the reason why she wants to try artistic swimming.

# Grammar

## love, hate, (don't) like, don't mind, enjoy + -ing

### USE

**A** Analyze these sentences from the text on page 12. Underline four more verbs that express likes and dislikes and *-ing* forms of verbs.

I love playing volleyball.

I don't mind playing chess.

I hate boxing!

I enjoy swimming.

I like watching artistic swimming at Olympic events.

**B** Complete the sentences with *love, hate, like, don't like* and *don't mind*.

- 😊😊😊 I \_\_\_\_\_ swimming.  
 😊😊 I \_\_\_\_\_ running.  
 😊 I \_\_\_\_\_ painting.  
 😊 I \_\_\_\_\_ dancing.  
 😊😊😊 I \_\_\_\_\_ singing.

### FORM

**C** Look at the table.

#### Expressing likes and dislikes

I	love	dancing.
	hate	
	like	
	don't like	
	don't mind	
	enjoy	

**D** Choose the correct options to complete the rules.

- To express likes and dislikes we use *like, enjoy, love* and *hate* in the **present continuous** / **present simple** form.
- After *like, enjoy, love* and *hate* we use the **-ing form of verbs** / **present continuous**.
- Don't mind* is always used in the **negative** / **affirmative** form.

**1** Choose the correct options.

**Ann:** What do you like (1) **doing** / **do** on Saturdays, Lara?

**Lara:** I (2) **love** / **don't mind** cycling. It's fun!

**Ann:** I (3) **hate** / **like** cycling too but I haven't got a bike. How about taking dance classes?

**Lara:** Sounds great. I really enjoy (4) **dance** / **dancing**. There is a hip hop class at the sports centre at 8 o'clock.

**Ann:** At 8 o'clock? I (5) **don't mind** / **don't like** going to the sports centre on Saturdays but I (6) **love** / **hate** getting up early.

**Lara:** Well, there's a class at 11 o'clock.

**Ann:** That's perfect!

**2 Free practice** > In pairs, talk about the things you like, enjoy, don't like, don't mind or hate doing and give reasons. Use ideas from the boxes.

sing go to theme parks dance  
 watch horror films paint  
 swim cook run climb

dangerous I'm good at it. hard scary  
 I'm not very good at it. easy boring fun

🟡 *I hate cooking. I'm not very good at it.*

💡 *Really? I like cooking. I sometimes help my family to prepare dinner.*

### COMPARING LANGUAGES

In English, we use the *-ing* form of verbs after *like, love, hate, enjoy* and *don't mind*. What happens in your language? Translate these sentences and answer.

*I love singing.*

*I don't mind dancing.*

*I hate running.*





# Build your skills

## Reading & Listening

### An advert

1 Before you read > Look at the advert. What is it about: a sports centre, a gym or an activity camp?

# Looking for adventure?

### WANTED

#### Teenagers looking for adventure

Are you 13–16 years old? Do you want to make new friends, do some cool activities and have fun this autumn? If the answer is 'Yes', then why not spend a weekend in September or October at Greenwood Activity Camp? You'll enjoy two and a half days of adventure, doing your favourite activities and learning amazing new skills.

### ACTIVITIES ON OUR ADVENTURE

#### WEEKENDS INCLUDE:

swimming	photography
sailing	singing
skateboarding	creative writing
parkour	... and more!
painting	

Price of £150 includes accommodation in log cabins and all meals. Visit our website

[www.adventureteenscamp.com](http://www.adventureteenscamp.com)

and sign up today!



2 Read for general ideas > Answer.

- 1 Who can sign up for an adventure weekend?
- 2 When are the adventure weekends?
- 3 How long do they last?
- 4 How much do they cost?
- 5 Where do the teenagers stay?



### Give your opinion

Would you like to go on an adventure weekend? Why? Why not?

3 08 Listen to a phone conversation about the Greenwood Activity Camp. Which three activities does Owen mention?

4 08 Listen again. Choose the correct options.

- 1 Owen thinks the camp is **an interesting** / **a boring** plan.
- 2 Joe **likes** / **doesn't like** sport.
- 3 Owen says they can do **the same** / **different** activities at the camp than at school.
- 4 Joe likes **photography** / **parkour**.
- 5 Owen is looking at **a website** / **an advert** about the camp.



## Listening & Speaking

### Asking for personal information

1 Before you watch the video > Look at the photo. Where is Chris?



Watch!

2 09 Watch the video and listen for general ideas > Tick the correct option.

Chris wants to register for:

- 1 a summer camp.
- 2 an adventure weekend.
- 3 a day of adventure.

3 09 Watch the video and listen for details > Complete the conversation.

Hello. I'd like to register for one of your adventure weekends.	OK, great! I just need a few details from you. What's your name?
Chris Bradley.	And what's your address, Chris?
(1) _____.	OK. What's your mobile phone number?
(2) _____.	OK. Have you got an email address?
Yes, it's (3) _____.	Can you spell that for me?
Yes. It's c-h-r-i-s at i-n-m-a-i-l dot co dot uk.	Great, thanks. Oh, I nearly forgot! What's your date of birth?
(4) _____.	OK, great. Here's a leaflet for you with more information about the camp.

4 Speak > Role play in pairs.

- 1 Role play the conversation in Exercise 3.
- 2 Role play a new conversation. Give your personal information.
- 3 Change roles.

Keep it going!

Circle these words in the conversation.

And... OK. Yes.  
OK, great. Great, thanks.

Remember to use them to sound natural.



## Writing

### A personal profile

1 Read Claire's profile. Why doesn't Claire like singing? Why has she got a lot of purple clothes?

# All about me!


PROFILE FRIENDS GROUPS SEARCH

## Claire Edwards

Hi! My name's Claire Edwards and I'm 14 years old. I'm from Cardiff in Wales. I live with my mum and dad and my 12-year-old brother Sam. My best friends are Holly and Anita.

I love music. I listen to music all the time and I play the guitar in a band with some of my friends. We're called The Daisies and we play rock and pop music. I write the songs but I don't like singing because I'm shy. I'm writing a new song at the moment.

I also love going shopping because I'm really into fashion. My favourite colour is purple, so I've got lots of purple clothes. I'm not very sporty but I sometimes go rollerblading in the park.



2 Read the 'Write it right!' section.

### Write it right!

#### Giving reasons

→ We use **because** when we give a reason for something.

*I also love going shopping because I'm really into fashion.*

→ We use **so** when we talk about the result of something.

*My favourite colour is purple, so I've got lots of purple clothes.*

### Writing task

**Plan** > Make notes about your:

- name, age and country
- family and friends
- likes and reasons
- dislikes and reasons

**Write** > Write your personal profile. Remember to use:

- vocabulary from pages 8 and 11.
- the present simple for routines.
- the present continuous for actions happening now.
- *because* to give reasons and *so* to talk about results.

**Check** > Check your writing.

3 Complete these sentences with *because* or *so*.

- 1 I'm an animal lover, ... I've got lots of pets.
- 2 I like dancing ... it's fun!
- 3 I love music, ... I play in a band.
- 4 I don't go to pop concerts ... I'm too young.

# Progress check

## Vocabulary

### Free time activities

1 Complete the sentences with the verbs from the box.

use chat do hang go surfing

- At weekends, I usually \_\_\_\_\_ out with friends.
- I spend a lot of time on my computer. I love \_\_\_\_\_ the Internet.
- I don't usually speak on my mobile phone but I always \_\_\_\_\_ social media apps.
- Do you \_\_\_\_\_ water sports in summer?
- I use my laptop every day. I do my homework and I \_\_\_\_\_ online at the same time.
- They sometimes \_\_\_\_\_ for a swim.

/ 6 points

### Skills and abilities

2 Complete the sentences with the verbs from the box.

draw climb understand ride cook drive

- I can \_\_\_\_\_ a bike but I can't \_\_\_\_\_ a car.
- We can \_\_\_\_\_ pizza.
- She can \_\_\_\_\_ beautiful pictures of animals.
- I can \_\_\_\_\_ Italian but I can't speak it.
- He does parkour. He can jump from walls. He can \_\_\_\_\_ them too.

/ 6 points

## Grammar

### Present simple and present continuous

3 Write sentences or questions. Use the present simple.

- he / go to the gym / every day ✗

### Reflect and share!



- ✓ What did you already know about the topic of this unit?
- ✓ What did you learn by working on this unit?
- ✓ What questions do you still have?

- they / always / watch films / Fridays ✓

- she / often / do hybrid sports ?

/ 3 points

4 Write sentences or questions. Use the present continuous.

- I / wear / jeans / today ✓

- you / enjoy / the tour ?

- he / listen to music / right now ✗

/ 3 points

5 Complete the sentences with the correct form of the verbs in brackets.

- She usually \_\_\_\_\_ (meet) her friends at weekends but today is Saturday and she \_\_\_\_\_ (study) for her exams.
- They \_\_\_\_\_ (run) in the park right now but they \_\_\_\_\_ (not usually go) for a run on Fridays.
- He \_\_\_\_\_ (not play) video games now. He only \_\_\_\_\_ (play) video games when his friends are online.

/ 6 points

*love, hate, (don't) like, don't mind, enjoy + -ing*

6 Choose the correct options.

- Ben:** Do you want to join an after-school club?  
**Kim:** Good idea. I (1) **love** / **hate** singing. How about joining the choir?  
**Ben:** The choir? I can't sing very well. And I hate (2) **practise** / **practising** songs for hours.  
**Kim:** OK. Can you play a musical instrument?  
**Ben:** Oh no, I can't. I (3) **enjoy** / **don't like** listening to music but I can't play it.  
**Kim:** Well, there's a drama club. Do you enjoy (4) **act** / **acting**?  
**Ben:** I (5) **hate** / **don't mind** acting but I don't like (6) **act** / **acting** in public.

/ 6 points

Total Score:  / 30 points



**1** To help you think of ideas, classify the sports and activities from the box.

- running    swimming    dancing    painting    singing    listening to music    climbing  
 cooking    cycling    playing football / volleyball / basketball / tennis    jumping  
 skateboarding    riding a BMX bike    playing the drums / the guitar    acting    drawing  
 sailing    doing parkour    taking photos    fishing    skiing    surfing    hiking

😊 I love / like / enjoy ...	😐 I don't mind ...	😡 I hate ...

**2** Work in pairs. Read about Angela and Matthew's hybrid sport. Then invent your hybrid sport. You can combine sports and activities from Step 1. Complete the file.



## A NEW HYBRID SPORT by Angela and Matthew

**What's the name of the new hybrid sport?**  
 It's 'hikendrawing'.

**What sports or activities does it combine?**  
 It combines hiking and making drawings of the plants or animals that you see during your hike.

**Where can you practise this sport?**  
 In the mountains, in a forest or near a lake.

**Are you interested in it? Do you want to try it?**

**Angela:** Yes! I like walking and drawing. I enjoy watching birds and animals. I love nature!

**Matthew:** I'm not good at drawing and I hate walking, so this hybrid sport is not for me!

## A NEW HYBRID SPORT

by \_\_\_\_\_ and \_\_\_\_\_

Name of the sport:

\_\_\_\_\_

Place where you can practise it:

\_\_\_\_\_

Activities that it combines:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Reasons why you are / aren't interested in it:

\_\_\_\_\_

\_\_\_\_\_



## NOW CHOOSE!

**3** Make a digital presentation about your new hybrid sport.

You can use PowerPoint or another visual presentation tool.

**4** Write the name of your hybrid sport on the board. Then show your presentation to the class.

**5** Students choose hybrid sports from the list on the board and say why they want to try them.

**3** Get ready to talk about your new hybrid sport.

Write a short script about it.

**4** Write the name of your hybrid sport on the board. Tell your class about it.



# 1 What do you like?

## Vocabulary

### Free time activities

#### 1 Match the columns.

- |            |                |
|------------|----------------|
| 1 go       | a the Internet |
| 2 watch    | b social media |
| 3 surf     | c shopping     |
| 4 hang out | d volleyball   |
| 5 listen   | e a film       |
| 6 use      | f for a run    |
| 7 chat     | g water sports |
| 8 go       | h with friends |
| 9 do       | i to music     |
| 10 play    | j online       |

#### 2 Order the letters to find adjectives.

- RINFLEDY      friendly
- AZYL      \_\_\_\_\_
- BOCLASEI      \_\_\_\_\_
- NEFLIRDUNY      \_\_\_\_\_
- HYS      \_\_\_\_\_
- PRYSTO      \_\_\_\_\_

#### 3 Write an adjective from Exercise 2 for each speech bubble.

*I hang out with my friends on Saturdays.*

1 friendly

*I love meeting new friends!*

2 \_\_\_\_\_

*I don't go to parties. I don't speak to anyone.*

3 \_\_\_\_\_

*Friends? I haven't got any.*

4 \_\_\_\_\_

*We play volleyball or go for a run on Sundays.*

5 \_\_\_\_\_

*I never tidy my room or help at home.*

6 \_\_\_\_\_

## Grammar

### Present simple and present continuous

#### 4 Write affirmative or negative sentences, or questions.

- we / go for a run / on Saturdays (X)  
We don't go for a run on Saturdays.
- you / listen to reggae music / now (?)  
\_\_\_\_\_
- Sandra / usually / meet friends / on Sundays (✓)  
\_\_\_\_\_
- I / read a great novel / at the moment (✓)  
\_\_\_\_\_

#### 5 Complete with the correct form of the verbs in brackets.

Hi, there! I'm Annette. I (1) live (live) in Bourbon, Indiana with my family but at the moment, I (2) \_\_\_\_\_ (live) in New York. I (3) \_\_\_\_\_ (study) languages at a very big language school in Manhattan.

In my free time, I always (4) \_\_\_\_\_ (go) for a run to Central Park or (5) \_\_\_\_\_ (play) volleyball at the sports centre opposite my flat. But today, I am tired. I am at home. I (6) \_\_\_\_\_ (chat) online with my friends in Indiana and I (7) \_\_\_\_\_ (listen) to music. I like reggae.

#### 6 Write questions about Annette.

- Where / usually / live?  
Where does Annette usually live?
- What / do / New York / at the moment?  
\_\_\_\_\_
- What / do / free time?  
\_\_\_\_\_
- Where / play / volleyball?  
\_\_\_\_\_



## Present simple and present continuous

**A** Complete the sentences with the correct affirmative present simple or present continuous form of the verbs in brackets.

- They usually go (go) shopping in the city centre.
- We're at the theme park and we \_\_\_\_\_ (have) a lot of fun.
- She always \_\_\_\_\_ (go) swimming at the local sports centre.
- He \_\_\_\_\_ (watch) a film right now.
- I \_\_\_\_\_ (like) action films.
- Today I \_\_\_\_\_ (wear) new trainers.
- She \_\_\_\_\_ (have) a big breakfast every morning.
- I \_\_\_\_\_ (do) an exercise right now.

**B** Rewrite the sentences in Exercise A. Make them negative.

- They don't usually go shopping in the city centre.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**C** Read the answers and complete the questions.

- Are they visiting a museum?  
No, they aren't. They're visiting a farm.
- \_\_\_\_\_ he \_\_\_\_\_ his bike to school?  
Yes, he \_\_\_\_\_. He rides his bike every day.
- \_\_\_\_\_ she \_\_\_\_\_ online?  
Yes, she \_\_\_\_\_. She's playing with a friend.
- \_\_\_\_\_ they \_\_\_\_\_ for a run every Saturday?  
Yes, they \_\_\_\_\_. They go for a run in the park.
- \_\_\_\_\_ you \_\_\_\_\_ to music?  
No, I \_\_\_\_\_. I'm not listening to music. I'm watching a video.
- \_\_\_\_\_ you \_\_\_\_\_ to the gym on Fridays?  
No, I \_\_\_\_\_. I never go to the gym.
- \_\_\_\_\_ we \_\_\_\_\_ to ABC Cinema?  
No, we \_\_\_\_\_. We're going to Max Cinema.
- \_\_\_\_\_ they sometimes \_\_\_\_\_ on Sundays?  
Yes, they \_\_\_\_\_. They always train at weekends!

## In pairs

Student A, look at this page.  
Student B, go to page 87.

**A** Answer about you. Then interview Student B and write his/her answers in the second column.

Do you...	You	Student B
sometimes cook dinner?		
hang out with friends on Fridays?		
chat online every day?		
listen to music when you do your homework?		

**B** Answer Student B's questions. Compare your answers. Are your habits and likes similar?



# Vocabulary

## Skills and abilities

### 7 Complete the phrases.

- 1 jump high
- 2 \_\_\_\_\_ a car
- 3 \_\_\_\_\_ a BMX bike
- 4 \_\_\_\_\_ a picture
- 5 \_\_\_\_\_ Portuguese
- 6 \_\_\_\_\_ a song
- 7 \_\_\_\_\_ a vegetable pie
- 8 \_\_\_\_\_ a wall
- 9 \_\_\_\_\_ a cartoon character
- 10 \_\_\_\_\_ English with friends

### 8 Complete the sentences with the correct form of the verbs from the box.

act climb (x2) cook draw drive  
jump play ~~ride~~ sing speak

- 1 My friend Richard usually rides his BMX bike in the mountains. It's risky!
- 2 Jess \_\_\_\_\_ the drums in the school band. They sound marvellous.
- 3 Alec \_\_\_\_\_ old melodies in English at the moment. I love listening to him.
- 4 The Bronx brothers can \_\_\_\_\_ walls very easily. They want to \_\_\_\_\_ Aconcagua some day.
- 5 Dolphins can \_\_\_\_\_ very high in the air. I enjoy watching them.
- 6 Can you \_\_\_\_\_ English well? How do you say 'No te entiendo'?
- 7 Mum's in the kitchen now. She \_\_\_\_\_ my favourite meal.
- 8 My son \_\_\_\_\_ comics. He's really creative.
- 9 I can't \_\_\_\_\_ my father's car. I am only 13 years old.
- 10 Some students \_\_\_\_\_ out a conversation in front of their teacher. They are very nervous.

# Grammar

*love, hate, (don't) like, don't mind, enjoy + -ing*

### 9 Order the words from the box from negative (-) to positive (+).

don't like don't mind like love ~~hate~~

hate \_\_\_\_\_

### 10 Choose the correct options.

**Alan:** Let's go to the park. There's a parkour competition.

**Charlie:** I (1) **don't mind** / **don't like** parkour. It's really dangerous.

**Alan:** I (2) **love** / **hate** watching parkour but I (3) **like** / **don't like** practising it.

**Charlie:** I (4) **like** / **hate** swimming. It's relaxing.

**Alan:** Yes, I (5) **love** / **hate** it too.

**Alice:** What do you want to do on Saturday evening?

**Jordan:** I (6) **don't mind** / **like** horror films. Let's watch another film.


**Alice:** I don't (7) **mind** / **like** horror films. They are scary! Let's watch a musical.

**Jordan:** I (8) **love** / **hate** musicals. I think they are really boring.

**Alice:** Do you want to invite your friends to play some music?

**Jordan:** Yes! I (9) **love** / **don't mind** singing and playing the guitar.

### 11 Complete the table for you. Then write sentences in your folder.

	Ralph	Rachel and Helen	My father	You
	play drums	sing in a choir	run	
		paint and draw	play football	
	sing		swim	
		do sports		
	dance	drive race cars	do hybrid sports	

Ralph loves playing the drums. He doesn't mind singing but he hates dancing.

# Extra Grammar Practice

## love, hate, (don't) like, don't mind, enjoy + -ing

**A** Complete the sentences with the correct form of the verbs in brackets.



- I don't mind going (not mind / go) out on cold days.
- We \_\_\_\_\_ (like / watch) musicals.
- He \_\_\_\_\_ (enjoy / do) all kinds of sports.
- They \_\_\_\_\_ (hate / sing) in public.
- She \_\_\_\_\_ (love / cook) meals for her family.
- He \_\_\_\_\_ (not mind / take) the bus to school every day.

**B** Complete the questions with the correct form of the verbs in brackets.

- Does she like swimming (like / swim)?  
Yes, she does. She loves it!

- \_\_\_\_\_ you \_\_\_\_\_ (like / get) up early?  
No, I don't!
- \_\_\_\_\_ he \_\_\_\_\_ (enjoy / paint)?  
Yes, he does. He's an artist!
- \_\_\_\_\_ you \_\_\_\_\_ (enjoy / read) long books?  
Yes, I do, but I prefer short stories.

**C** Write sentences about you. Use the words from the boxes.

like love enjoy don't mind  
don't like hate

ride a bike sing in public cook dinner  
get up early hang out with friends  
do exercise

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## In pairs

Student A, go to page 85.  
Student B, look at this page.

**A** Answer about you. Then answer Student A's questions.

Do you...	You	Student A
ride your bike at weekends?		
usually watch videos on YouTube?		
sometimes go for a run?		
like painting?		

**B** Interview Student A and write his/her answers in the second column. Compare your answers. Are your habits and likes similar?





# Reading

## A TV interview

**12** Read the interview. Then choose the correct option.

The *Teens for Teen* TV show host, Mark Allerton, is interviewing Josh.



**Mark:** Any plans for this weekend?

**Josh:** Well, I'm going to Orangers Activity Camp.

**Mark:** Why are you going there?

**Josh:** I love making new friends and having fun. I don't like sleeping all day long on holidays. It's boring!

**Mark:** What can you do at Orangers?

**Josh:** We can go swimming and sailing. I'm not very good at swimming but I enjoy playing in the water.

**Mark:** Do you get up early?

**Josh:** Of course I do. In the mornings, we go trekking and we take photos. I don't mind walking a lot. I love taking photos. I am good at taking photos of birds and butterflies.

**Mark:** What can you do in the evenings?

**Josh:** We work on creative writing. I love writing poems. We sit round a fire and we read. It's great!

**Mark:** Have a great time, Josh!



Mark and Josh are talking about weekend activities / hybrid sports.

**13** Read again and complete.

**Josh...**

loves \_\_\_\_\_

\_\_\_\_\_

doesn't like \_\_\_\_\_

\_\_\_\_\_

doesn't mind \_\_\_\_\_

\_\_\_\_\_

is good at \_\_\_\_\_

\_\_\_\_\_

isn't very good at \_\_\_\_\_

\_\_\_\_\_

**14** Read again and answer.

**1** Where are Mark and Josh?

\_\_\_\_\_

**2** What is Orangers?

\_\_\_\_\_

**3** When is Josh going there?

\_\_\_\_\_

**4** Does Josh like water sports?

\_\_\_\_\_

**5** What animals can Josh photograph?

\_\_\_\_\_

**6** When do they write poems?

\_\_\_\_\_

## Speaking

### Asking for personal information

**15** Choose the correct options to complete the conversation. Then practise it in pairs.

**Fernanda:** Hello. I'd like (1) to register for one of your adventure weekends.

**Travel agent:** OK, great! I just need a few details from you. (2) \_\_\_\_\_?

**Fernanda:** Fernanda Collins.

**Travel agent:** And (3) \_\_\_\_\_, Fernanda?

**Fernanda:** 457 Oak St.

**Travel agent:** Right. What's your (4) \_\_\_\_\_ number?

**Fernanda:** +54-11-7458902.

**Travel agent:** OK. (5) \_\_\_\_\_ email address?

**Fernanda:** Yes. It's fer\_16@yupi.com.

**Travel agent:** Can you (6) \_\_\_\_\_ me?

**Fernanda:** Yes. It's f-e-r underscore sixteen at yupi dot com.

**Travel agent:** Great, thanks. Oh! What's (7) \_\_\_\_\_?

**Fernanda:** 20th May 2009.

**Travel agent:** Thank you. Here you have more information about the camp.

1 **a** to register

**b** to write

**c** to speak

2 **a** What your name

**b** What's your name

**c** What do you do

3 **a** what's your house

**b** what's your address

**c** where's your address

4 **a** ID

**b** student card

**c** mobile phone

5 **a** Is there a

**b** Have you got an

**c** Have you got a

6 **a** spell that for

**b** write that to

**c** say it to

7 **a** the date birth

**b** your birthday

**c** your date of birth

## Writing

### A personal profile

**16** Read Chandler Riggs's profile and complete his fact file.

#### CHANDLER RIGGS

Hi! My name's Chandler Riggs and I'm 21 years old. I'm from Atlanta in the USA. I've got a brother but I haven't got any sisters.

I love acting. I'm an actor in TV series and films.

I enjoy scary roles. I also like music, so I listen to music all the time. I'm releasing electronic music at the moment under the name of Eclipse.

I also love practising sports. I like swimming, rollerblading and mountain biking. I love going shopping but I don't buy expensive clothes.



#### FACT FILE

<b>Name</b>	
<b>Date of birth</b>	27th June 1999
<b>Place of birth</b>	
<b>Popular for</b>	<i>The Walking Dead</i>
<b>Family</b>	father – William Riggs mother – Gina Ann Carlton brother – Grayson Riggs
<b>Likes</b>	

**17** Copy the fact file from Exercise 16 and complete it with information about a friend. Then write his/her personal profile.

### Bonus practice

Choose three things you like doing at weekends and say why you like them. Say if you are/aren't good at doing them. Then ask a classmate about his/her favourite free time activities.





# On the Pulse

2<sup>nd</sup> Edition

skills builder



2

extension activities  
+ video worksheets



# It's my life!

## Vocabulary

### School subjects

**1** Complete with school subjects.

- 1 We use word processors and Excel documents in \_\_\_\_\_ lessons.
- 2 In \_\_\_\_\_ lessons we learn about nature.
- 3 I need my brush and markers for the \_\_\_\_\_ class.
- 4 I really enjoy \_\_\_\_\_ classes because we can express ourselves and pretend to be someone else.
- 5 I think it's important to study \_\_\_\_\_ because we learn about other countries and their population.
- 6 I like my \_\_\_\_\_ teacher because he talks about secret events between political leaders during the Second World War.
- 7 It's good for children to study \_\_\_\_\_ because rhythm and sounds help them develop their language.
- 8 \_\_\_\_\_ is a very useful subject because numbers are part of our daily life.

### Dates

**2** Match 1–6 to a–f.

- |              |                          |
|--------------|--------------------------|
| 1 24/12/2012 | <input type="checkbox"/> |
| 2 4/07/1982  | <input type="checkbox"/> |
| 3 1/1/1999   | <input type="checkbox"/> |
| 4 31/10/2000 | <input type="checkbox"/> |
| 5 25/12/2017 | <input type="checkbox"/> |
| 6 4/4/2020   | <input type="checkbox"/> |

- a The fourth of April, two thousand and twenty.
- b The first of January, nineteen ninety-nine.
- c The twenty-fourth of December, two thousand and twelve.
- d The twenty-fifth of December, two thousand and seventeen.
- e The fourth of July, nineteen eighty-two.
- f The thirty-first of October, two thousand.

**3** Answer.

- 1 When were you born?  
\_\_\_\_\_
- 2 What was the most important day of your life?  
\_\_\_\_\_
- 3 When is your best friend's birthday?  
\_\_\_\_\_
- 4 When is your favourite celebrity's birthday?  
\_\_\_\_\_

## Grammar

### Present simple – be

**4** Choose the correct options.

- 1 I **am** / **am not** at home at the moment. I'm taking the bus to school.
- 2 He was born in England. He **is** / **isn't** German.
- 3 She is 25 years old. She **is** / **isn't** a teenager.
- 4 They **are** / **aren't** good friends. They always help each other.
- 5 We **are** / **aren't** in London now. Today we want to visit Big Ben.
- 6 You **are** / **aren't** in our class. Look, your name isn't on the list.

**5** Complete the text with the correct form of *be*.

Chris and Lucy (1) \_\_\_\_\_ in the same class; they (2) \_\_\_\_\_ in Year 9. Their houses (3) \_\_\_\_\_ in the same neighbourhood, so they usually walk home together. Chris's surname (4) \_\_\_\_\_ Bradley and he (5) \_\_\_\_\_ from England. His favourite subjects (6) \_\_\_\_\_ science and technology. Lucy (7) \_\_\_\_\_ English too and her favourite subject (8) \_\_\_\_\_ French.



6 Order the words to make questions. Then answer.

- 1 from / Brazil / are / you  
\_\_\_\_\_?  
\_\_\_\_\_
- 2 15 / you / old / years / are  
\_\_\_\_\_?  
\_\_\_\_\_
- 3 favourite / your / science / is / subject  
\_\_\_\_\_?  
\_\_\_\_\_
- 4 best / is / friend / Year / your / 6 / in  
\_\_\_\_\_?  
\_\_\_\_\_

## Vocabulary

### Home

7 Complete the text with pieces of furniture and adjectives.

I like my bedroom. My mum complains because she says it isn't (1) t\_\_\_\_\_ or (2) c\_\_\_\_\_, but I think it's just perfect! I've got a big wooden (3) w\_\_\_\_\_ where I can put all my clothes and I've got a comfortable (4) b\_\_\_\_\_. I love sleeping! I've got my own (5) d\_\_\_\_\_ and I keep my books on the (6) s\_\_\_\_\_ that are above it. I've got many (7) p\_\_\_\_\_ of my favourite band on the wall and they look really (8) n\_\_\_\_\_!

### Clothes

8 Choose the correct options.

- 1 Jane has got a beautiful white **T-shirt** / **dress** for her wedding.
- 2 I usually wear **boots** / **sandals** when it is cold.
- 3 I wear **skirts** / **shirts** or shorts in summer.
- 4 When I do sports, I wear **trainers** / **shoes**.
- 5 I'm not wearing a **sweater** / **T-shirt** today because it is hot.
- 6 These **jacket** / **jeans** are super comfortable.

## Grammar

### Possessive adjectives

9 Complete the sentences with possessive adjectives.

- 1 Lucy lives near the school. \_\_\_\_\_ house is on Ash Road.
- 2 This is Chris. \_\_\_\_\_ surname is Bradley.
- 3 I love music. \_\_\_\_\_ favourite band is Coldplay.
- 4 We're in Year 9. \_\_\_\_\_ teacher is British.
- 5 Sue has got two children. \_\_\_\_\_ names are Tobias and Oliver.

### Possessive 's

10 Choose the correct options.

- 1 **Phil's** / **Phils'** jeans are blue.
- 2 The **babys'** / **baby's** coat is tiny.
- 3 The **students'** / **students's** trainers are white.
- 4 **Chris'** / **Chris's** favourite day is Friday.
- 5 My **mums'** / **mum's** birthday is in May.

## Writing

### A personal profile

11 Complete your personal fact file. Then write a paragraph about you in your folder.

Name:

Date of birth:

Place of birth:

Favourite subject (Why?):

Daily routine (on weekdays):

Clothes you usually wear:

# 1 What do you like?

## Vocabulary

### Free time activities

#### 1 Match 1–10 to a–j.

- |             |                   |
|-------------|-------------------|
| 1 go        | a social media    |
| 2 go to     | b water sports    |
| 3 go to     | c with my friends |
| 4 surf      | d the gym         |
| 5 listen to | e a TV programme  |
| 6 go for    | f a theme park    |
| 7 watch     | g a burger        |
| 8 do        | h swimming        |
| 9 use       | i the Internet    |
| 10 chat     | j the radio       |

#### 2 Complete the phrases.



1 \_\_\_\_\_ for a run



2 \_\_\_\_\_ volleyball



3 \_\_\_\_\_ computer games



4 \_\_\_\_\_ shopping



5 \_\_\_\_\_ the Internet



6 \_\_\_\_\_ with your friends

#### 3 Complete the sentences with free time activities from Exercises 1 and 2.

- Can you \_\_\_\_\_ to do research in class?
- Every day, I \_\_\_\_\_ to the park and then I \_\_\_\_\_ and I take a fitness class.
- I \_\_\_\_\_ all the time. Justin Bieber and Beyoncé are my favourite singers.
- The boys \_\_\_\_\_ in the summer. They love surfing.
- On Saturdays, I usually \_\_\_\_\_ with my friends. We sometimes go to the club.
- I never \_\_\_\_\_. I prefer to watch series.

#### 4 Complete the text with the adjectives from the box.

lazy friendly serious shy sociable sporty

Hi, my name's Mandy. I'm a very (1) \_\_\_\_\_ person. I have got a lot of friends at school and at the club. I'm (2) \_\_\_\_\_ too. I play volleyball and football. My sister, on the contrary, is a bit (3) \_\_\_\_\_. She doesn't exercise much and she prefers quiet activities. She looks very (4) \_\_\_\_\_ and people think she isn't (5) \_\_\_\_\_ at all. But in fact, she is (6) \_\_\_\_\_! Once you get to know her, you realize she's adorable.

## Grammar

### Present simple and present continuous

#### 5 Choose the correct options.

- Sam and I **hang out** / **are hanging out** together every day.
- Listen! Kate **plays** / **is playing** the piano now.



- 3 I **don't read / am not reading** blogs every week. I haven't got much time.
- 4 My mum can't talk now. She **drives / is driving**.
- 5 Tobias **doesn't listen / isn't listening** to the teacher at the moment.
- 6 We **start / are starting** school at 8.30 am every morning.

**6 Complete the text with the correct form of the verbs in brackets.**

Every Sunday, my family and I (1) \_\_\_\_\_ (have) lunch at my grandparent's house but today we (2) \_\_\_\_\_ (eat) at an Italian restaurant because it's my dad's birthday and he (3) \_\_\_\_\_ (love) pasta. We (4) \_\_\_\_\_ (have) a great time! The food at this place (5) \_\_\_\_\_ (be) delicious. I (6) \_\_\_\_\_ (eat) spaghetti with tomato sauce. I usually (7) \_\_\_\_\_ (order) meat but I (8) \_\_\_\_\_ (enjoy) this dish!



**7 Complete the sentences about the teens on page 9 of the SB\* with the correct verb in the correct form.**

- 1 Daisy usually \_\_\_\_\_ the shopping with her mum on Saturdays, but today she \_\_\_\_\_ chocolate at Cadbury World.
- 2 Jack often \_\_\_\_\_ to theme parks with his friends and today he \_\_\_\_\_ fun at Blackpool Pleasure Beach.
- 3 Daniel \_\_\_\_\_ to museums but right now he \_\_\_\_\_ the National Space Centre.

**8 Complete the questions with the correct form of the verbs in brackets. Then answer.**

- 1 \_\_\_\_\_ your friend \_\_\_\_\_ (go) to the gym very often?  
\_\_\_\_\_
- 2 What languages \_\_\_\_\_ you \_\_\_\_\_ (learn) at the moment?  
\_\_\_\_\_
- 3 What sports \_\_\_\_\_ you usually \_\_\_\_\_ (practise)?  
\_\_\_\_\_
- 4 \_\_\_\_\_ you \_\_\_\_\_ (listen) to music right now?  
\_\_\_\_\_
- 5 \_\_\_\_\_ your best friend \_\_\_\_\_ (study) now?  
\_\_\_\_\_

**9 Write questions. Use the present simple or the present continuous. Then answer.**

- 1 you / do homework / now  
\_\_\_\_\_?  
\_\_\_\_\_
- 2 your best friend / have got a dog  
\_\_\_\_\_?  
\_\_\_\_\_
- 3 your teacher / wear jeans / today  
\_\_\_\_\_?  
\_\_\_\_\_
- 4 your classmates / like English  
\_\_\_\_\_?  
\_\_\_\_\_
- 5 you / use social media / every day  
\_\_\_\_\_?  
\_\_\_\_\_

\*SB = Student's Book

# Vocabulary

## Skills and abilities

### 10 Correct the verbs in bold.

- I don't **climb** very often. I don't enjoy it and Mum makes better food than me.
- My little sister **jumps** all the time: in the shower, in the car, at school... She loves music!
- We don't **dance** Portuguese. We can't say a word! But we are learning English and German.
- I **paint** the drums and the guitar.
- My father **rides** his car to work every day.
- I **draw** Russian, but I can't speak it.
- I love parkour. I **act** walls every day.
- I **understand** from a very young age. I enjoy moving my body and expressing myself.

## Grammar

*love, hate, (don't) like, don't mind, enjoy + -ing*

- 11 Read the notes about Jane (the girl on page 12 of the SB). Then complete the sentences with *love, like, don't mind* and *hate*, and the correct form of the verbs.

play chess	fight against other people	listen to music	watch artistic swimming
😞	😞😞😞😞	😄😄😄	😄😄

- Jane \_\_\_\_\_ chess.
- She \_\_\_\_\_ against other people.
- She \_\_\_\_\_ to music.
- She \_\_\_\_\_ artistic swimming.

### 12 Complete the sentences about you.

- I love \_\_\_\_\_.
- I like \_\_\_\_\_.
- I don't mind \_\_\_\_\_.

- I don't like \_\_\_\_\_.
- I hate \_\_\_\_\_.

### 13 Read the notes. Then complete the text with one or more words per blank.



**Name:** Anna Smith  
**Age:** 16 years old  
**Place of birth:** Florida, the USA  
**Family:** mum, sister, brother (Jenny, 9 years old, and Mark, 12 years old)  
**Best friends:** Cathy and Debbi (I see them every day! They're coming home now.)  
**Likes:** listening to music; running; ♥ dancing  
**Dislikes:** going to the gym; watching sports programmes; playing computer games (I hate them!)

(1) \_\_\_\_\_ Anna Smith and I live with my mum, my (2) \_\_\_\_\_ Jenny and my brother Mark. He is 12 (3) \_\_\_\_\_ and Jenny is 9. My (4) \_\_\_\_\_ friends are Cathy and (5) \_\_\_\_\_. We are very close. I meet them (6) \_\_\_\_\_. Now, they (7) \_\_\_\_\_ to my house. I like (8) \_\_\_\_\_ music, running and I (9) \_\_\_\_\_ dancing! I (10) \_\_\_\_\_ going to the gym or (11) \_\_\_\_\_ sports programmes. In fact, I hate (12) \_\_\_\_\_! What about you?



# Writing

## A profile

14 Complete the file with information about a friend. Then write his/her profile in your folder.

Name: .....

Age: .....

Date of birth: .....

Place of birth: .....

Family: .....

Best friends: .....

Likes: .....

Dislikes: .....

### Self-evaluation

- ✓ Mention 3 things you learnt.
- ✓ Write 2 questions/doubts you still have.
- ✓ Connect something from Unit 1 with something you already knew.

## 2 Music and TV

### Vocabulary

#### Music

1 Look at the photo and complete the text.



Hi, I'm Dan! This is my favourite (1) r\_\_\_\_\_ band. They are from Leeds in the UK and they give concerts all around Europe.

The band has got four members, Amelia is the (2) s\_\_\_\_\_, Nate plays the (3) k\_\_\_\_\_, Julie plays the (4) d\_\_\_\_\_ and William plays the (5) g\_\_\_\_\_. Their songs are beautiful! William writes most of them, he is the band's (6) c\_\_\_\_\_. Nobody plays the (7) b\_\_\_\_\_ in the band, but this is not a problem. The band sounds really well!

When I was young, I had a different taste in music. I liked (8) t\_\_\_\_\_ and (9) r\_\_\_\_\_ music, but now I prefer rock and (10) p\_\_\_\_\_. I don't like (11) c\_\_\_\_\_ or (12) l\_\_\_\_\_ music. What about you?