

2

Healthy Food

Lesson 1 Vocabulary

1  Talk about the picture.

Where are the children?
What food do you see?

2  Listen, point, and say.
Then quiz a friend.3  Listen, point, and chant.

There are peaches and tomatoes,
Mangoes and potatoes,
Cucumbers, carrots,
And avocados, too!

I like peaches and tomatoes,
Mangoes and potatoes,
Cucumbers, carrots!
How about you?



1 mangoes

2 potatoes

4 carrots

5 tomatoes

7 avocados



1 Listen, read, and say.

Kevin: Oh no! There aren't any apples.

Julie: That's OK. Are there any avocados?

Kevin: Yes, there are. There are some avocados right here!

Julie: How many are there?

Kevin: There are hundreds! Oh, poor Sid!



Grammar

There **are some** avocados.

There **aren't any** apples.

aren't = are not

Are there any apples?

Yes, there are. / **No, there aren't.**

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2 Listen, look, and check (✓).

Yes, there are.

No, there aren't.

1

2

3

3



Sharebook

A: page 13
B: page 14

At the Market!

There are some potatoes in my market. Are there any potatoes in your market?



No, there aren't.

1 Look and answer. What do the children make?

2 Read the story. Then act.

1 The children are at the market.



2 Everyone is hungry.



3 The children make a salad.



4 Clara doesn't eat the salad.



5 Kevin and Matt make fruit juice.



6 Kevin gives Clara some juice.



7 Surprise! Clara likes the juice!



Value
Choose healthy food.



3 Listen and circle.

- | | |
|------------------------|--------------------------|
| 1 a Julie's house. | 2 a Clara does. |
| b Kevin's house. | b Kevin does. |
| 3 a They make cookies. | 4 a Mangoes and peaches. |
| b They make salad. | b Apples and bananas. |

4 Look and check (✓). Which food is healthy?



Lesson 4 Vocabulary

1
1.25



Listen, point, and say. Then quiz a friend.



1 pasta



2 popcorn



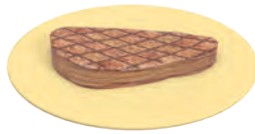
3 tea



4 coffee



5 soda



6 beef



7 chicken



8 lemonade

2
1.26



Listen and write. Then sing.

Oh, I'm Hungry!

There's some _____,
There's some popcorn,
There's some _____,
And there's some beef.
Oh! I'm hungry.
How about you?



There's some _____,
There's some coffee,
There's some _____,
And there's some _____.
Oh! I'm thirsty.
How about you?

3 Say clues and guess!

I eat it for dinner.
I like it with potatoes.

Beef!



1 Listen, read, and say.

Clara: Can I have a snack?

Mom: Sure. There's some soda.

Clara: Great! Is there any popcorn?

Mom: No, there isn't.

Clara: Oh, no! Not again!



Grammar

There's **some** soda.

There **isn't any** popcorn.

Is there **any** coffee? **Yes**, there **is**. / **No**, there **isn't**.

Grammar Practice page 106



2 Listen and check (✓).

	1 chicken	2 beef	3 coffee	4 tea	5 pasta
Yes, there is.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
No, there isn't.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3



Sharebook

A: page 15
B: page 15

Concentration

There isn't any popcorn. There isn't any tea. They don't match.



There's some chicken. There's some chicken. They match!

1 Look. What fruits and vegetables can you see?

2  Read the text. What food group is milk in?
1.29

Decided it's best to sit title on panel

Food Groups

1 There are four **food groups**. These foods are healthy. They're good for our **bodies**. Peaches and carrots are in the **fruit and vegetable** group. Cucumbers, bananas, and potatoes are, too.



2 Bread and rice are foods in the **grain** group. Pasta and cereal are, too. Fish, meat, beans, and eggs are in the **protein** group.




3 Yogurt and cheese are foods in the **dairy** group. Milk and ice cream are, too. There isn't a food group for candy and soda. They aren't healthy foods!




3  Think and answer. Which food group is your favorite? Why?




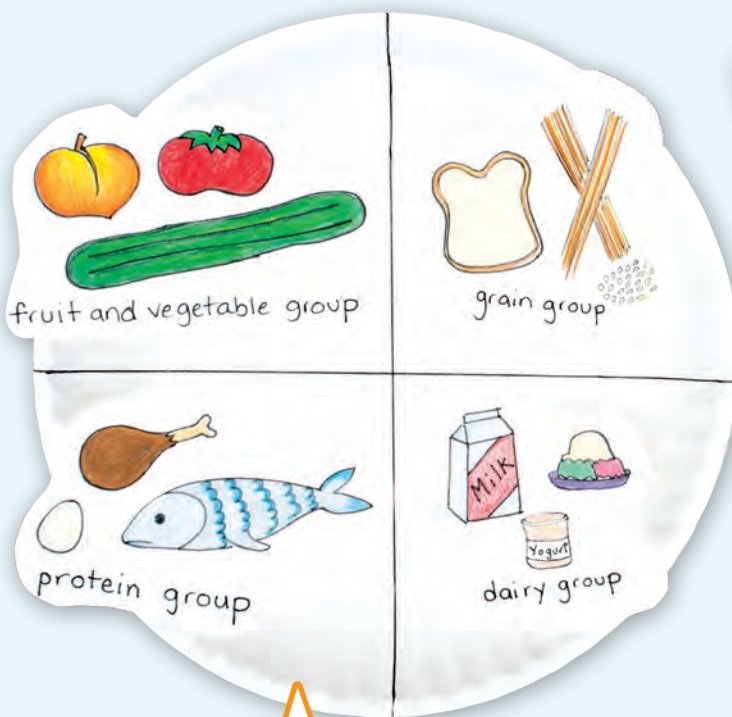
1  **Read the text again. Then discuss.**

- 1 How many food groups are there?
- 2 Do you eat food from all the food groups every day?

2  **Project Make a food group plate.**

Draw four areas on a paper plate.
Write the four food groups.
Draw foods. Label them.

3  **Share it! Share your project with the class.**



The dairy group is my favorite group.
Yogurt is in the dairy group.



Share at Home
Find one food from each food group
on your dinner plate.

1 Listen, point, and chant.
1.30



2 Listen and repeat. Then read and say.
1.31

1	lip	slip	pin	spin
2	top	stop	sell	smell
3	spell	snap	swim	skip

REVIEW

4	clap	flag	black	play
5	run	cat	red	big

3 Listen, read, and say.
1.32



Are there any stars? Yes. Yes. Yes.



Are there any spoons? No. No. No.

1  Play Four in a Row! Use the language from Unit 2.

<p>Are there ...?</p> 	<p>Make two sentences.</p> 	<p>Name it.</p> 	<p>Spell it.</p>  <p>__ hic __ en</p>
<p>Name it.</p> 	<p>Spell it.</p>  <p>__ e __ f</p>	<p>Is there ...?</p> 	<p>Make a sentence.</p> 
<p>Spell it.</p>  <p>__ e __</p>	<p>Name it.</p> 	<p>There are ...</p> 	<p>Is there ...?</p> 
<p>There ...</p> 	<p>Ask a question.</p> 	<p>Spell it.</p>  <p>__ od __</p>	<p>Name it.</p> 

How to Play

- 1 Collect eight markers.
- 2 Choose a space. Look, read, and answer.
- 3 Put a marker on the space.
- 4 Get four markers in a row to win.

2 Now complete your Progress Tracker in the Workbook.

