

UNIT
1

Let's Get Moving



See, Think, Wonder



A Look at the picture. What do you see?

I see ...

I see ...

B What do you think?

I think ...

I think ...

C What do you wonder?

I wonder ...

I wonder ...

D Think and write. How many different sports do you know? Make a list.

E Read and write. Skim *You're Out!* and write the answer. What do you think the story is about?

F Read and write. Read the question. Then scan *You're Out!* and write the answer.

What's the name of one of the teachers?

Now read *You're Out!*



YOU'RE OUT!



Luis



Victoria



Principal

Mr. King
(Team Captain)Sara
(Team Captain)

Camilo



Ms. Ruiz

Additional Characters: Max, Ryan, Josh, Erica, Mr. Martin, Ms. Sanchez, Mr. Nuñez, Ms. Era



(On the court. A group of students and teachers are stretching.)

Luis: (as a sports announcer) Hello, and welcome to the students-versus-teachers dodgeball game. I'm Luis.

Victoria: (as a sports announcer) And I'm Victoria. We're your hosts for this exciting game today. The referee is our principal and the whole school is here, waiting for the game to begin.

(Mr. King and Sara are each whispering to their team to make a plan.)

Victoria: Last year, the teachers won easily, but it's going to be a much tougher game today. The students trained a lot!

Luis: These are not beginners, Victoria, and there's a big reward for the students if they win: a pizza and movie party.

Victoria: The students' team has a new captain, Sara Lopez. (Sara waves at the crowd.) Sara is a dodgeball hotshot. Bay Elementary has never seen a player catch so well, or throw so fast.

Luis: Sara's the player to watch today.

Do you like competitions?





(Both teams move to their lines and get ready to run.)

Victoria: Everyone looks ready to step up to the plate!

(The principal blows the whistle. Both teams run to center court.)

Luis: Everyone dashes towards the balls.



(Ms. Ruiz throws a ball at Max.)

Victoria: Oh! The librarian, Ms. Ruiz, gets the first out.

Max: *(walks off court sadly)* Aw, man.

Luis: Max did NOT see that coming.

(Sara shoots the ball like a cannon. It hits Mr. Martin.)

Victoria: Out! Mr. Martin, the math teacher, is gone.

Words in Context

 Find these words in the reading. What do you think they mean?

hosts **tougher** **strikes** **shakes** **sportsmanship**



(Camilo throws a ball at Mr. Nuñez.)

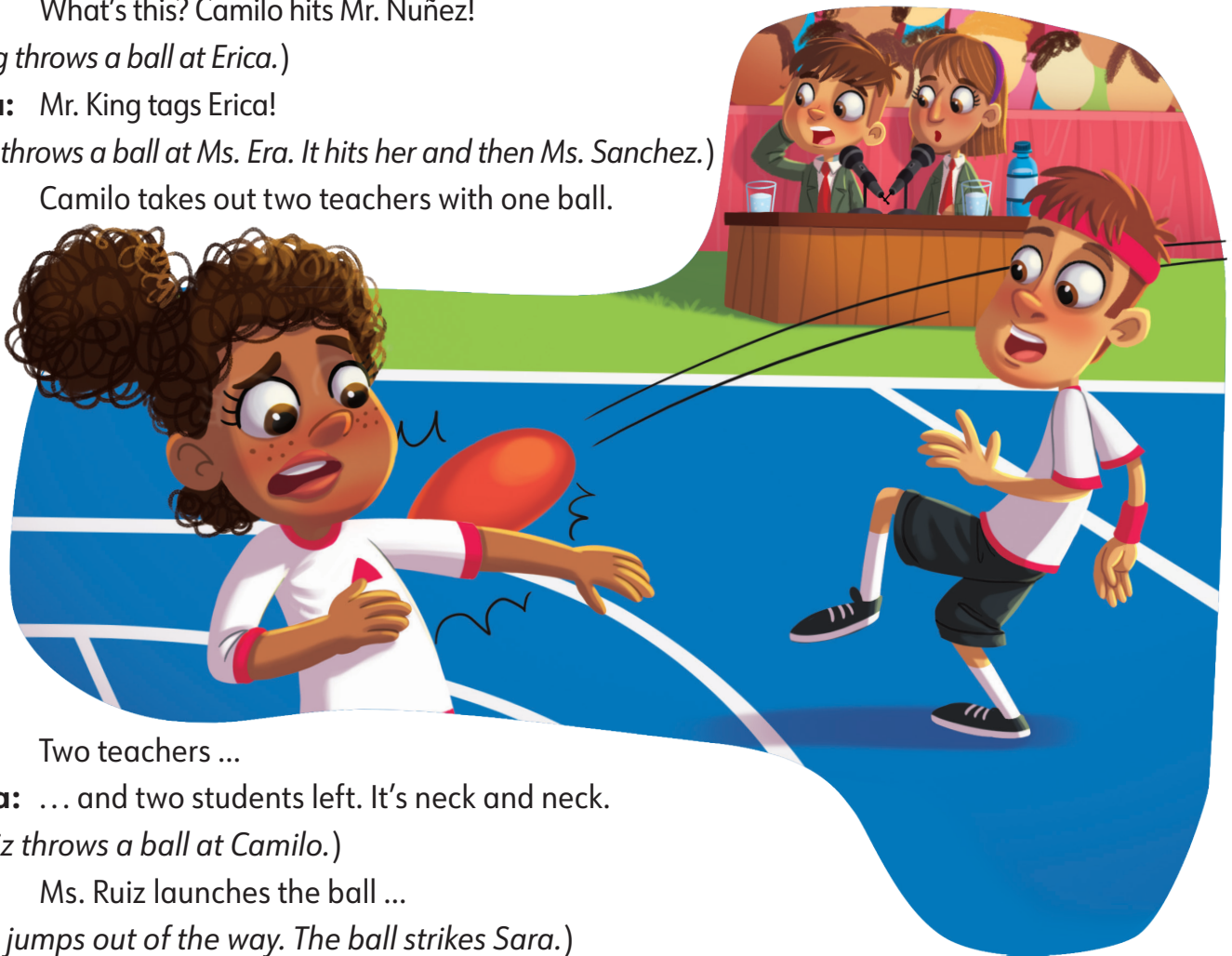
Luis: What's this? Camilo hits Mr. Nuñez!

(Mr. King throws a ball at Erica.)

Victoria: Mr. King tags Erica!

(Camilo throws a ball at Ms. Era. It hits her and then Ms. Sanchez.)

Luis: Camilo takes out two teachers with one ball.



Luis: Two teachers ...

Victoria: ... and two students left. It's neck and neck.

(Ms. Ruiz throws a ball at Camilo.)

Luis: Ms. Ruiz launches the ball ...

(Camilo jumps out of the way. The ball strikes Sara.)

Victoria: ... it barely misses Camilo ...

Luis: ... and Sara, the students' team captain, is out!

Sara: You've got this, Camilo!

Victoria: It's two against one.



Why is playing fair important?

(Mr. King reaches for a ball that is near the announcers' table. He steps over the line.)

Principal: *(blows whistle)* Mr. King, you're out of bounds. You're out!

Mr. King: *(falls on his knees, pretends to be mad)* Nooooo!

Luis: It's just Ms. Ruiz and Camilo now! There hasn't been a game this close since first grade.



(Ms. Ruiz runs up to the line and throws a ball at Camilo's feet.)

Victoria: It's heading straight for him.

(Camilo reaches for the ball.)

Luis: ... and he catches it! Ms. Ruiz is out!

(Camilo shakes his head no.)

Luis: Wait, is he saying no?

Camilo: I didn't catch the ball in the air. It bounced first.

Principal: Oh, Ms. Ruiz is NOT out!



Luis: What great sportsmanship from Camilo! He looks tired. Can he go the distance?

(Ms. Ruiz runs to the line and throws the ball straight at Camilo.)

Victoria: Ms. Ruiz throws the ball ...

(Camilo steps back with his arms out and catches the ball.)

Luis: ... and he's caught the ball! This time Ms. Ruiz really is out!

Luis and Victoria: The students win!

(Everyone cheers.)



Principal: Both teams played with great energy and sportsmanship. You look like you were really enjoying yourselves!

Victoria: It's pizza and movies for everybody!

Luis: What an unexpected performance from Camilo! Wow, what a game! I'm Luis ...

Victoria: And I'm Victoria. Thanks for watching, and see you next year!



What sports do you enjoy?

Explore the Reading

A Read and answer.

- 1 Who are the two hosts? _____
- 2 Which team won the match the year before? _____
- 3 What is the reward for the students if they win the game? _____
- 4 What job does Ms. Ruiz do at the school? _____
- 5 Where does Mr. King step? _____
- 6 Who wins the game? _____

B Think and discuss. Camilo showed great sportsmanship during the game. What did he do?

C Complete the table. What examples of sportsmanship can you give from your life, from books, and from movies?

Your Life	Books	Movies

Literary Term Idiom

An **idiom** is a phrase or saying that has a different meaning than the individual words. Its meaning is not literal.

Read. Then think and write. What do you think the idiom means?

- 1 The firefighter has to be ready to go to the fire station at *the drop of a hat*.

- 2 Let's *call it a day* and go home now.

- 3 I passed the math test *by the skin of my teeth*.

- 4 I'm going home. It's time to *hit the road*.

Now find more idioms in the reading.



- A Read and write. Skim *The Beginnings of Judo* to find the answer to question 1. Scan to find the answer to question 2.

The Beginnings of Judo

Kanō Jigorō started the modern sport of Judo.

As a young man, Kanō learned the skills of *jujitsu*, an ancient Japanese martial art. But he added different throws, and made the sport safer. Kanō wanted judo to be a way of staying fit, and for learning self-control. *Judo* means the gentle way. In 1882, Kanō began his own school. Today, judo is practiced all around the world, and is an Olympic sport.



- 1 What is the purpose of this text? _____
- 2 What year did Kanō Jigorō start his own school? _____

When we **skim**, we read quickly and look for the main ideas. We want a quick overview of the whole reading. To do this, we look at titles, headings, and pictures.

When we **scan**, we search for a specific fact or piece of information. To do this quickly, we don't read every word. For example, when we're looking for a specific date or time, we scan for numbers.

- B Read and choose. Then skim or scan *The Ultimate Game* and answer.

- 1 What is the reading about? **skim** / **scan** _____
- 2 What are two things you need to play ultimate Frisbee? **skim** / **scan** _____

- C Think and discuss. What are the benefits of playing a team sport? Which team sport do you like to play?

Now read **The Ultimate Game**



THE ULTIMATE GAME

The History of Frisbee

It all started with a pie tin.

Many years ago, a group of students in the USA discovered that the empty tins from the Frisbie Pie Company flew really well when thrown. They shouted “Frisbie!” while they were throwing the pie tins, and a sport was born.



Have you ever played Frisbee?



Today, people around the world play with Frisbees for fun, but there are Frisbee sports, too. One of the most popular is ultimate Frisbee.



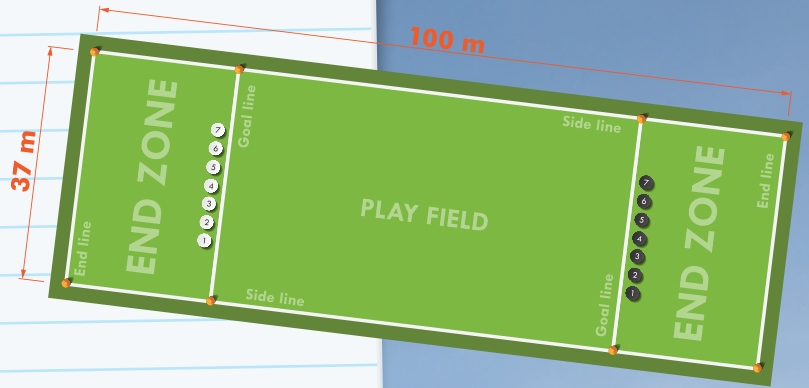
More than 300 million Frisbees have been sold in the last 40 years.



Ultimate for Beginners

You Need: *Subheadings help organize related information so it is easier for us to read and understand.*

- A Frisbee
- Two teams of at least seven players each
- A field about the same size as a soccer field—100 meters long, and 37 meters wide
- Two end zones



How to Play:

1. One team stands in one end zone and defends it, keeping the other team from scoring points. The other team stands in the other end zone and defends it. The teams face each other.
2. To start, the teams flip a coin to see which team throws the Frisbee first. This throw is called the pull.
3. The team with the Frisbee is the team on offense. The players try to pass the Frisbee up the field from one player to another. To score a goal, they must catch the Frisbee in the other team's end zone.
4. The team on defense has to try to stop the other team from scoring.
5. The winning team is the first to score 15 goals. Another way to play is with a time limit. The team with the most goals at the end of the time wins.



soccer field
flip a coin
on offense
on defense



football pitch
toss a coin
attacking
defending



Words in Context



Find these words in the reading. What do you think they mean?

defends flip a coin on offense substituted referee foul

Basic Rules:

- Don't run with the Frisbee.
- Don't hold the Frisbee for more than 10 seconds.
- Don't make contact with other players.
- Don't grab or knock the Frisbee from another player's hands.
- If two players catch the Frisbee at the same time, it goes to the team trying to score a goal.
- The Frisbee goes to the other team if:
 - the Frisbee hits the ground;
 - a player throws the Frisbee out of bounds;
 - a player on the defending team catches the Frisbee.
- When a team scores, its players stay in that end zone and start the game again with a pull. Now they have to defend. This means that after every goal, the scoring team plays in a different direction.
- A player can be substituted, or replaced, after a goal or if a player is hurt.



Ultimate is played in more than 80 countries by about 7 million people.

Playing Fairly

In many sports, the referee, or umpire, controls the game. They decide when goals are scored or if there has been a foul. In ultimate, there is usually no referee. The players organize the game. If there is a problem or a foul, they talk about it calmly and decide what to do.



Sportsmanship is a key part of ultimate. Teams do their best to win, but fair play is as important as winning.

So, grab a Frisbee and take part in the ultimate game.



Will you and your friends try ultimate? Why or why not?

Explore the Reading

A Write *True* or *False*. Then rewrite the false sentences to make them true.

- 1 When a team catches the Frisbee in the other team's end zone, they score a goal. _____
- 2 When a player drops the Frisbee, they have to leave the field. _____
- 3 When two players grab the Frisbee at the same time, they have to dance. _____
- 4 When one team gets 15 goals, they win. _____
- 5 When a player throws the Frisbee out of bounds, it goes to the other team. _____
- 6 When there is a problem, the players check with the referee. _____

B Think and write. Why do you think ultimate Frisbee is so popular around the world?

C Complete the table. Think of two sports or activities. Then discuss their similarities and differences.

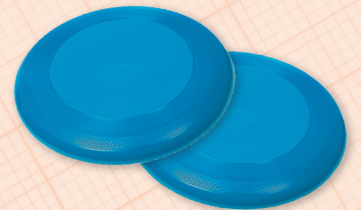
Activity	Equipment	Location	Players	Referee



Why are rules important for sports?

A Read and check (✓). Is the rule for dodgeball, ultimate Frisbee, or both?

	Dodgeball	Ultimate	Both
1 Players start on opposite sides of the field or court.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 Players are out when a ball hits them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 Players cannot run with the Frisbee for more than 10 seconds.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 Players have to get to the other side to score a goal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 Players are out if they step out of bounds.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 The team that gets all the other players out first wins.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 Players must act with good sportsmanship.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 The team that gets 15 goals first wins.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 If the ball bounces before hitting a player, that player isn't out.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



B Invent a new sport your class could play. What do you need to play it? Do a Rally Robin.

C Write instructions and share your sport with the class.

My Reading Journal

Look back at the unit. Which part did you find the most interesting? What did you learn?

The most interesting part was _____

I learned _____

Imagine you are an author. What sport or activity would you write about?

I would write about _____

Go back to page 9. What new things do you see, think, or wonder?

